

LFC Community Events Calendar

Red Neighbours Activity 2019:

Event	Dates/Times in April	Dates/Times in May
Monday Club (for local over 50s) at Sir Kenny Dalglish Stand	Monday 8 th 1pm-4pm	Monday 13 th 1pm-4pm
Chair Based Yoga at Sir Kenny Dalglish Stand, Anfield	Dates are yet to be confirmed. To find out contact redneighbours@liverpoolfc.com / 0151 264 2500.	Dates are yet to be confirmed. To find out contact redneighbours@liverpoolfc.com / 0151 264 2500.
Tuesday Walking Football sessions (for over 50s) at Anfield Sports and Community Centre	Tuesday 2 nd , 9 th , 16 th , 23 rd , 30 th 3pm-4pm	Tuesday 7 th , 14 th , 21 st , 28 th 3pm-4pm
Friday Walking Football sessions (for over 50s) at Anfield Sports and Community Centre	Friday 5 th , 12 th , 19 th , 26 th 11am-12pm	Friday 3 rd , 10 th , 17 th , 24 th , 31 st 11am-12pm
Walking Netball sessions (for over 50s) at Anfield Sports and Community Centre	Friday 5 th , 12 th , 19 th , 26 th 11.30am-12.30pm	Friday 3 rd , 10 th , 17 th , 24 th , 31 st 11.30am-12.30pm
Bat and Chat – social table tennis at Anfield Sports and Community Centre	Tuesday 2 nd , 9 th , 16 th , 23 rd , 30 th 1-3pm	Tuesday 7 th , 14 th , 21 st , 28 th 1-3pm

LFC Foundation – Liverpool Football Club’s official charity provides a range of free multi-sports programmes for children and young people of all abilities, seven days a week. For more information about their programmes and how you can get involved, please visit <https://foundation.liverpoolfc.com>

If you would like more information about any of these activities, please contact us – redneighbours@liverpoolfc.com