

# LFC Community Events Calendar

## Red Neighbours Activity 2019:

Event	Dates/Times in August	Dates/Times in September
Monday Club (for local over 50s)	Monday 19 <sup>th</sup> , 1pm-4pm The Sandon	Monday 16 <sup>th</sup> , 1pm-4pm Main Stand, Anfield
Chair Based Yoga at Sir Kenny Dalglish Stand, Anfield	Dates are yet to be confirmed. To find out contact <a href="mailto:redneighbours@liverpoolfc.com">redneighbours@liverpoolfc.com</a> / 0151 264 2500.	Dates are yet to be confirmed. To find out contact <a href="mailto:redneighbours@liverpoolfc.com">redneighbours@liverpoolfc.com</a> / 0151 264 2500.
Tuesday Walking Football sessions (for over 50s) at Anfield Sports and Community Centre	Tuesday 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup> , 27 <sup>th</sup> 3pm-4pm	Tuesday 3 <sup>rd</sup> , 10 <sup>th</sup> , 17 <sup>th</sup> , 23 <sup>rd</sup> , 24 <sup>th</sup> 3pm-4pm
Friday Walking Football sessions (for over 50s) at Anfield Sports and Community Centre	Friday 2 <sup>nd</sup> , 9 <sup>th</sup> , 19 <sup>th</sup> , 23 <sup>rd</sup> , 30 <sup>th</sup> 11am-12pm	Friday 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup> , 27 <sup>th</sup> , 11am-12pm
Walking Netball sessions (for over 50s) at Anfield Sports and Community Centre	Friday 2 <sup>nd</sup> , 9 <sup>th</sup> , 16 <sup>th</sup> , 23 <sup>rd</sup> , 30 <sup>th</sup> 11.30am-12.30pm Dates are subject to change - please contact us in advance to confirm	Friday 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup> , 27 <sup>th</sup> 11.30am-12.30pm
Bat and Chat – social table tennis at Anfield Sports and Community Centre	Tuesday 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup> , 27 <sup>th</sup> 1pm – 3pm	Tuesday 3 <sup>rd</sup> , 10 <sup>th</sup> , 17 <sup>th</sup> , 24 <sup>th</sup> 1pm-3pm

LFC Foundation – Liverpool Football Club's official charity provides a range of free multi-sports programmes for children and young people of all abilities, seven days a week. For more information about their programmes and how you can get involved, please visit <https://foundation.liverpoolfc.com>

Red Neighbours and LFC Foundation will also be supporting Anfield Sports and Community Centre's Summer Activity Camp, which runs from 29th July to 23rd August 2019. The centre will be running a variety of activities throughout the school holidays, including arts and crafts, badminton, basketball, boxing, fitness classes, trampolining and inclusive sports, amongst many more. For more information or to register contact [registration@anfieldsports.org](mailto:registration@anfieldsports.org) or 0151 263 6186.

If you would like more information about any of these activities, please contact us – [redneighbours@liverpoolfc.com](mailto:redneighbours@liverpoolfc.com)